

BREAKFAST

HOME BAKED CROISSANT (V)

Served with butter & homemade strawberry jam

BANANA BREAD (V)

Toasted & served with fresh ricotta & honey

TOAST (GFO,V)

White, Artisan Sourdough, Soy Linseed & Quinoa Sourdough or Gluten Free Bread.
Served with butter & jam, marmalade, vegemite or honey

HAM & CHEESE CROISSANT

Double-smoked ham & cheddar cheese

SEASONAL FRUIT BOWL (VEO)

Mixed seasonal fruits topped with vanilla infused Greek style yoghurt & honey

THE ROCKS CAFÉ ORGANIC GRANOLA (V)

Maple-roasted oats, mixed nuts & seeds topped with vanilla Greek style yoghurt & mixed berry compote

MIXED SEEDS & OATS PORRIDGE (VE)

Chia seeds, sunflower seeds, rolled oats, almond milk, caramelised dates, toasted almonds & maple syrup

THE ROCKS CAFÉ RICOTTA HOTCAKES (V)

Served with homemade vanilla & almond butter, fresh strawberries & maple syrup

CORN FRITTERS (VO)

Soft poached egg with crispy bacon, grilled tomato & house relish

AVOCADO ON TOAST (VEO,GFO)

Soft poached eggs with avocado, feta, grilled tomato, coriander & lemon on soy linseed & quinoa sourdough

EGGS & TOAST (GFO,V)

Two eggs, your choice of scrambled, fried or poached with grilled tomato & toast

6.5 EGGS FLORENTINE (GFO,V)

Soft poached eggs on an English muffin with wilted spinach & hollandaise sauce

10.5 HAM BENEDICT (GFO)

Soft poached eggs on an English muffin with double-smoked ham, wilted spinach & hollandaise sauce

6 SALMON ROYALE (GFO)

Soft poached eggs on an English muffin with Tasmanian smoked salmon, wilted spinach, baby capers & hollandaise sauce

12.5 THE ROCKS CAFÉ CLASSIC OMELETTE (GFO, VO)

Double-smoked ham, tomato, cheddar cheese, grilled tomato & toast

15 BREAKFAST BURGER (GFO)

Bacon, fried egg, cheddar cheese, rocket leaves & house relish on a milk bun

18 SHAKSHUKA (V, GFO)

Eggs baked in a rich & spicy sauce of tomato, roasted capsicum & herbs served with warm pita bread

18 ADDITIONAL ITEMS (EACH)

Grilled Tomato, Wilted Spinach, Toast

Egg, Potato Rosti, Feta Cheese

Roasted Mushroom, Avocado, Bacon

Pork & Fennel Sausage, Double-Smoked Ham

Tasmanian Smoked Salmon

20

13.5

V | Vegetarian

VO | Vegetarian option available

VE | Vegan

VEO | Vegan option available

GF | Gluten free

GFO | Gluten free option available

16

21

23

21

15

21

3

3.5

4

5

7