

BREAKFAST

HOME BAKED CROISSANT (V)

Served with butter & homemade strawberry jam

BANANA BREAD (V)

Toasted & served with whipped ricotta & honey

TOAST (GFO,V)

White, Artisan Sourdough, Soy Linseed & Quinoa Sourdough or Gluten Free Bread.
Served with butter & jam, marmalade, vegemite or honey

HAM & CHEESE CROISSANT

Double-smoked ham & cheddar cheese

SEASONAL FRUIT BOWL (VEO)

Mixed seasonal fruits topped with vanilla infused Greek style yoghurt

THE ROCKS CAFÉ ORGANIC GRANOLA (V)

Served with vanilla infused Greek style yoghurt, seasonal fruit & mixed berry compote

MIXED SEEDS & OATS PORRIDGE (VE)

Chia seeds, sunflower seeds, rolled oats, almond milk, caramelised dates, toasted almonds & maple syrup

THE ROCKS CAFÉ RICOTTA HOTCAKES (V)

Served with whipped ricotta, fresh strawberries & maple syrup

CORN FRITTERS (VO)

Soft poached egg with crispy bacon, grilled tomato & house relish

AVOCADO ON TOAST (VEO,GFO)

Crushed avocado with soft poached egg, feta, grilled tomato, coriander & lemon on soy linseed & quinoa sourdough

EGGS & TOAST (GFO,V)

Two eggs, your choice of scrambled, fried or poached with grilled tomato & toast

6 ROASTED MUSHROOM (GFO,V)

Soft poached eggs, wilted spinach, grilled tomato, parmesan & truffle oil on sourdough toast

9.5 EGGS FLORENTINE (GFO,V)

Soft poached eggs on an English muffin with wilted spinach & hollandaise sauce

5.5 HAM BENEDICT (GFO)

Soft poached eggs on an English muffin with double-smoked ham, wilted spinach & hollandaise sauce

11 SALMON ROYALE (GFO)

Soft poached eggs on an English muffin with Tasmanian smoked salmon, wilted spinach, baby capers & hollandaise sauce

14 THE ROCKS CAFÉ CLASSIC OMELETTE (GFO, VO)

Double-smoked ham, tomato, cheddar cheese, grilled tomato & toast

14 BREAKFAST BURGER (GFO)

Bacon, fried egg, cheddar cheese & house relish on a milk bun

14 ADDITIONAL ITEMS (EACH)

Grilled Tomato, Hash Brown, Baked Beans, Egg, Wilted Spinach

Roasted Mushroom, Bacon, Beef & Thyme Chipolata, Double-Smoked Ham, Avocado

Tasmanian Smoked Salmon

18

18

13

V | Vegetarian

VO | Vegetarian option available

VE | Vegan

VEO | Vegan option available

GF | Gluten free

GFO | Gluten free option available

18

14

19

20

18

14

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6