

BREADS & PASTRIES

BREAKFAST BOWL

TOAST & SPREAD (GFO, V)	8	SEASONAL FRUIT BOWL (V, VEO)	22
Artisan Sourdough, Rustic white, Soy linseed & quinoa		Served with vanilla yoghurt and honey	
sourdough, Seeded rye sourdough or Gluten-free served with	h		20
butter & a choice of homemade strawberry jam, marmalade	<u>ک</u> ,	MIXED SEEDS AND OATS PORRIDGE (VE)	20
vegemite, honey or peanut butter		Chia seeds, sunflower seeds, rolled oats, toasted almond,	
HOME BAKED CROISSANT (V)	8	caremelised dates, almond milk, maple syrup	
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Served with Butter & homemade strawberry jam		Honey roasted oats, mixed nuts & seeds, vanilla infused G	reek
HAM & CHEESE CROISSANT 1	15	style yoghurt, fresh berries & honey	
Double smoked ham, cheddar cheese		EVIDAC (FACILI)	
CHOCOLATE CROISSANT (V)	0	EXTRAS (EACH)	
		Hollandaise sauce	2
Crisp and light with rich dark Belgian Chocolate		Toast, Cheddar cheese	3
ALMOND CROISSANT (V)	12	Egg, Roasted Tomato, Hash Brown, Spinach	
Filled with almond cream, vanilla custard and almond pralin	ne	Persian Feta	5
		Grilled Halloumi, Roasted Mushroom, Smashed Avocado	6
BANANA BREAD (V)	14	Bacon, Double Smoked Ham, Beef Sausage	7
Toasted and served with ricotta and honey		Tasmanian Smoked Salmon	8

BREAKFAST MAINS

Cooked to order using local fresh produce, free range eggs & Sanoma breads			
	THE ROCKS CAFE CLASSIC HOTCAKES (V) 26	EGG FLORENTINE (GFO, V)	19
	Mascarpone, fresh berries & a choice of maple syrup or warm	Soft poached eggs, baby spinach & hollandaise sauce on	
	Belgian chocolate sauce	sourdough	
	SMASHED AVOCADO (V, VEO, GFO) 28	HAM OR BACON BENEDICT (GFO)	26
	Soft poached eggs, feta, cherry tomato, radish, Dukha & mint	Soft poached eggs, baby spinach, double smoked ham or	
	on soy linseed & quinoa sourdough	bacon & hollandaise sauce on sourdough	

29

ROASTED PORTOBELLO MUSHROOM (GFO, V) 29 Soft poached eggs, truffle & parmesan sauce, baby spinach, grilled tomato, freshly grated grana padano on sourdough

CLASSIC SPANISH OMELETTE (GFO) Free-range eggs, caramelized onion & potato, topped w creme fraiche & Spanish prosciutto & your choice of toast

GREEN HARVEST OMELETTE (V, GFO) 29

Asparagus, zucchini, roasted cherry tomato, olives, spinach, Persian feta, salsa verde, served w your choice of toast

EGGS YOUR WAY (GFO, V)	1:
2 eggs, your choice of scrambled, fried or poache	d, roasted
tomato & your choice of toast	

SALMON ROYALE (GFO) 27 Soft poached eggs, baby spinach, baby capers, Tasmanian

smoked salmon & hollandaise sauce on sourdough

21

30

28

Grilled homemade pork sausage patty, bacon, fried egg, house relish & hollandaise

BREAKFAST BURGER (GFO \$1.5)

BIG AUSSIE BREAKFAST (GFO)

Eggs your way, chargrilled beef sausage, bacon, mushroom, hash brown, grilled tomato, house relish & toast

GRILLED HALLOUMI (V, GFO) Fried egg, avocado, tomato, cucumber, olives, mint, pine nuts & labneh on grilled pita & dukkah

V Vegetarian | VO Vegetarian option available VE Vegan | VEO Vegan option available GF Gluten-free | GFO Gluten-free option available

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